MADYSS Matters

October 2020 No.173

Birthday Greetings

Once again this year, no one has a birthday in October; it is clear that we need to recruit some new members with October birthdays!

Word from the Chair

I am pleased to report that we held our first Committee meeting in nine months. It was nice to meet everyone in the newly refurbished Flower Pot. Thelma was absent, recovering from eye surgery and we all wished her well.

- 1. It was agreed that in order to comply with the Law, we cannot hold an AGM in the present Covid 19 environment. It was agreed to defer the AGM to May 2021. Details to follow next year.
- 2. The annual subscription fee for 2020/21 would be waived.
- 3. We had planned to have a MADYSS monthly meeting in November. In fact, we had made all of the arrangements with The Flowerpot management. Unfortunately, it is not to be; the new regulations that came out a week later prevent us from holding such meetings. We were most disappointed as we were looking forward to seeing everyone. Let us hope that we can return to some form of normality early next year.
- 4. Currently, our Christmas lunch is booked at the Deanwater Hotel for 18 December at 12.30 pm. At present we simply don't know whether we can hold it and will be speaking to the hotel in the near future. So please keep a look out for a further update in one of the next newsletters. We'll do our best to keep you informed.

As you can see, the Committee is doing its upmost to arrange some sort of programme for social events. We are very restricted by the regulations as they keep changing. We are, of course, concerned about the health and well being of our members. We will bear this in mind when making our decisions.

We hope to see you all soon. Stay safe, stay positive, and keep in touch. It will be nice to hear

news of members who have been very quiet in the past few months.

lke

In Memoriam Donations to MADYSS

The Committee is most thankful to members and their families for generous gifts given in the past. Experience has shown that, occasionally, gift donations do not reach MADYSS even though they were intended to.

At this sad time relatives have many important things to consider. May we please ask you to bear it in mind and if you kindly wish to leave a gift to MADYSS (Macclesfield and District Young Stroke Society), the Funeral Director should be clearly instructed so that the gift does not accidentally go to other Stroke organisations.

Thank you for your co-operation.

What a Joke!



2021 Calendar

The 2021 calendar has been cancelled this year. We hope to have one available for 2022. We shall miss the calendars and the world will not be the same without them. Our thanks go to Sheila Blamire for all her hard work in past years.

Ian and Meah's Holiday Report by Monica Meah

In August we managed to book an accessible caravan for four nights at Porthmadog, Wales. This was our first experience of staying in an accessible caravan. It was excellent and suited lan's needs very well. We had a wet room and there was plenty of space for the wheelchair in the bedroom. The connecting corridor was a good width and the lounge and kitchenette also had room to manoeuvre. The worktops, sink and cooker were all lowered (Ian didn't notice that!).



The spacious lounge and dining area in the caravan

We had a ramp up to the door of the caravan. The holiday was booked with Haven at a very large caravan site named Greenacres, and our holiday was called 'Hidden Haven'. Under normal circumstances there would be entertainment and activities, but because of Covid19 there was no entertainment and activities were limited. We had two days of sunshine and three rainy days, but each day we were able to go out and about. Our 'children' joined us so it was great fun. On our way to Porthmadog we stopped at Llandudno, where we met our daughter and granddaughter, Jessica. The weather was lovely and sunny so it was a good decision. Whilst there we spent time near to the beach and on the pier.

On the second day we visited Barmouth and Harlech in the wind and rain. There was a lovely cafe in front of Harlech castle where we had lunch and enjoyed scrumptious homemade cakes. The third day we drove to Nefyn, and as it was sunny we were down on the beach making sandcastles! Our grandaughter was in the sea, loving it. We then continued north of Nefyn to Nant Gwrtheyrn. I had never heard of this place before but it was amazing. Nant Gwrthyern had been a mining village which had been totally abandoned. The village has been restored and welcomes visitors. It is now used for teaching Welsh and is a corporate venue for meetings and even weddings.



Haven accessible caravan with ramp

The village setting is magnificent, with a very steep hairpin road to reach it. It has a cafe overlooking the sea, where we enjoyed our evening meal. Some of us went down the steep path to the beach. Well worth a visit if you are ever in the area.

The fourth day was lan's birthday. We enjoyed a lovely lunch at Castle Deudraeth then a visit to Porthmeirion. On the fifth day we took our route home through Snowdonia, calling at Beddgelert.

In summary, we had a great time and it was a very successful week. This accessible caravan holiday provided a good break from our lockdown routine. and it was so nice to spend it with the family.



Ian, Monica and granddaughter Jessica in Llandudno